

I AM WHERE I NEED TO BE.

I am exactly where I need to be. I have everything I need and I am everything this moment asks of me. Nothing in this moment needs to be changed. This moment is perfectly complete.

I am perfectly complete.

I am doing all that the moment requires of me. Regardless of the past, ***I am exactly where I need to be for my best personal growth.***

Even when my circumstances are different than my expectations, I know that my Creator is guiding me. The compass of my consciousness always points out my best direction and leads me to where I am supposed to be.

I am powerful. I possess the intellect, wisdom, and capability to make decisions that positively affect my well being.

When I feel challenged, I tap into these inner strengths to seek a solution. Sometimes, the solution might send me on a different journey than my original plan, but I have confidence that I am taking the right path for me.

Breathing in, I inhale strength.

Breathing out, I let go of my concerns.

Breathing in, I take in this beautiful moment.

Breathing out, I exhale my doubts, worries, and fears and know that everything is as it should be.

Today, I acknowledge my own powerful nature. I release my fears and trust that I am on the path I am meant to be on. I have faith in my internal compass.

SELF-REFLECTION QUESTIONS:

1. Do I think I am where I need to be? Why or why not?
2. What concerns cause me the most worry?
3. How can I remind myself how powerful I am?